



May 2020

Fresh Gazette

MONTHLY UPDATE ON ALL THINGS FRUIT & VEG!

We are coming into the peak of the English growing season and it is more important than ever that we support our farmers and promote the wonderful produce that is in season and grown in the UK.

Over the years we have built a strong network of growers that we work with year in, year out. We source product direct from our growers which ensure we supply our customers with the very best quality & price.

Veg & Salad

English Asparagus will be at its best during May. We source our asparagus direct from Birchden Farm, Tunbridge Wells, Kent. Located 38 miles from our base we collect the delivery 12 hours after the crop is picked from the fields. **English Broccoli** has now started, the season will run until October. **English Tomato** season is now well underway. We source a number of tomato varieties directly from the Isle of Wight. The flavour of IOW tomatoes are second to none & once you try them nothing else will compare. They do amazing mixes of beef tomatoes (pink, red & purple) & heritage mixes.

English baby vegetables have started their season & the quality is outstanding. Consistency in size is always something that we crave for baby vegetable and English varieties hit the spot. English Lollo, Oakleaf, Biondi & Frisee are now in season as well as **iceberg, baby gem & cos**. **Spring onions** are now also coming from the UK which is great news. **Cauliflowers** are in short supply. Due to colder nights they are not growing as quickly as usual.



Fruit

Summer is the BEST time for fruit. **English Strawberries & raspberries** are being sourced directly from our grower in Tunbridge, Kent. The quality & flavor of these berries are top notch. We should see blackberries & blueberries start towards the end of this month and again will be sourced from our grower in Kent. English outdoor **rhubarb** is still around so please do make use whilst you can. Stone fruit season is upon us so perfect time to order **peaches, nectarines & apricots**. **Cherries** have started from France & Spain however we do like to wait until July for English cherry season to begin. We saw the first **English royal gala apples** make an appearance, these are very early season end of August is usually the time for English apple varieties to begin.

Lemons are switching from Spanish to Southern hemisphere so prices are slightly higher than average until the new season is in full swing. **Limes, pineapples & melons** are all above average as they have a shortage of pickers in Brazil.



PPE & Hygiene

We have adapted our business during the current situation and we are able to supply PPE & Hygiene products. Items such as 3ply medical masks, FFP2 Masks, face visors & eye shields, vinyl gloves, sanitizing wipes & gels.

Please get in contact for a full availability & price list

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