



Fresh Gazette

March 2021

MONTHLY UPDATE ON ALL THINGS FRUIT & VEG!

We have seen the first sights of spring & boy does it make a difference to morale. It has been such a tough year for the wholesale & hospitality industry but with new dates scheduled for easing restrictions we are staying positive & have our sights set on the finish line!

Veg & Salad



The big news this month is that **wild garlic** has landed! Quantities are limited at the moment however give it another week or so & it will be more plentiful.

Jersey Royals have now made an appearance, we saw the first flourish arrive end of Feb. Prices as always start quite steep so might be worth holding off until next month.

English **Purple Broccoli** quality & quantities have improved and is looking great. We saw the first **White Sprouting Broccoli** make an appearance in February.

Butternut squash has been in short supply however Brazilian season has now started so we should see improvements on prices. **Spanish onions** are up in price as we are coming to the end of season.

We saw the first of the Spanish **fresh peas** arrive which is another great indication warmer months are coming.

Some gorgeous Italian lettuces are in season, **castel franco & pink raddichio** are most popular. **Breakfast & heritage radishes** are simply stunning and if you are looking for something really different why not try **watermelon radish** (A.K.A red meat radish). Egyptian **wet garlic** is another great product that has just started for Spring, so much more flavour than the dried stuff.

The bad weather in February knocked some of the salad pricing for six but we are seeing the market start to stabilize. We usually see the transition of salad products from Spanish to Dutch this month which can sometimes unsettle things for **Aubergine, Peppers, Cucumber & Tomatoes.**

From our Forager

It's all about Wild Garlic this month ! Being sourced from Cornwall we are looking forward to a great season. Also recommended from our foragers this month are Alexanders & Alexander buds. Wild chervil is also in season for March. We will see the first Turkish morels in the next 2 weeks so this is something we are looking forward too. Also something a little special from our wonderful forager is wild leek flowers, they stay flowering through spring so lot's of time to be enjoyed. Scottish & Cornish seaweeds are at their prime!

Fruit



Yorkshire rhubarb is still fabulous & we will now start to see outdoor grown varieties flow through. **Blood oranges** are also delicious & juicy but will be ending by the end of the month. We still have some **English apple** varieties but they will finish at some point in the next couple of weeks. **Grapes** are still holding a higher price but hoping to see them ease for next month. **Lemons & Oranges** from Spain are great quality. We have seen a small amount of **yellow plums** which are always a treat. All **melons** from Brazil will be finishing so we expect some in-consistency on quality & price as we switch season. There has been some **stone fruit** from South Africa but I never recommend stone fruit until the summer as the quality is not great and you will be paying very high prices.



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